Living with a chronic illness can be debilitating; both physically and mentally.Depression is common among people who have chronic illnesses such as the following:o Cancero Coronary heart diseaseo Diabeteso Epilepsyo Multiple sclerosiso Strokeo Alzheimer 's diseaseo HIV/AIDSo Parkinson's diseaseo Systemic lupus erythematosuso Rheumatoid arthritisForging a new life with a chronic illness is a challenge.The toll it can take on your body is bound to affect your ability to cope with psychological and emotional stress.Not only can a chronic illness make it impossible to do your favorite activities , it can also robs your sense of hope for the future.And it's quite common (and normal) to feel fear and sadness as you make sense of your diagnosis.