Over the winter break, I have delved into a new fitness routine, focusing on both strength training and cardio exercises. Before initiating the home office renovations, I had extensively researched interior design trends and gathered inspiration from various sources. The passive voice is employed to emphasize the collective effort in bringing the project to fruition, highlighting the collaboration between myself and the professionals involved in the renovation process. The present perfect continuous tense aptly conveys the ongoing effort and attention to detail put into the renovation project, highlighting the .transformation in progress