

Alex woke up scared because of a nightmare. So he prepared a meal that contained a lot of protein to maximize his energy for the race. Alex thought that it was a subconscious way that his brain was trying to warn him about something. He became irritable. "I brewed some coffee and made you a special breakfast." Alex didn't want it. It had too much sugar. He needed something nutritious. "No," replied Alex. "Can I have your autograph?" In it, he was running a race. Just before he reached the finish line, he fell. He was going to run in a race that day. Did the dream mean he was going to lose? "Good morning," said Alex's mother. "The race is about to start," said the coach