

Sociology is the systematic study of society and social interactions. This contextual approach helps to illuminate the complexities of social life and the interconnectedness of various social factors. Sociologists also employ various theoretical frameworks to interpret social behavior. Major theories include structural functionalism, which views society as a complex system with interrelated parts that work together to promote stability; conflict theory, which focuses on the struggles between different social groups and the power dynamics involved; and symbolic interactionism, which examines the day-to-day interactions and meanings individuals assign to their social world. Social phenomena are deeply embedded in historical and cultural frameworks, which mean that sociologists must consider the broader social landscape when analyzing specific issues. It examines how individuals are influenced by the social structures and cultural norms that surround them. By shedding light on the mechanisms of inequality and social change, sociology plays a crucial role in advocating for social justice and informing public policy. Sociologists investigate how these constructs impact people's lives and contribute to systemic inequalities. From the family unit to global institutions, sociology explores the myriad ways in which social forces shape human behavior. Gender roles, and class—are not inherent or natural but are created and maintained through social processes. Additionally, sociology emphasizes the importance of context. Through rigorous research and critical analysis, sociology seeks not only to understand social behavior but also to address pressing social issues. This idea posits that many aspects of our social world—such as race