Pulmonary resuscitation: An emergency life-saving procedure that involves breathing the victim and applying external pressure to the chest to make the heart pump, CPR acronym. In the early stages of a heart attack, death can often be avoided if bystanders begin CPR within 5 minutes of the onset of ventricular fibrillation, Cardiopulmonary resuscitation is one of the most important procedures to maintain the continuity of movement and flow of blood and oxygen to all parts of the body, including the mind, The mind is the organ that controls all the organs, and it needs a quantity of blood and oxygen. As the quality .of CPR degrades, this can literally become a matter of life and death for your patients