after birth the female have oocyte one blocked in prophase one surrounded by follicular cells and they make up together primordial follicle before 3–4 months from puberty the primordial follicle grow to be primary follicle then it be secondary follicle then cavetart orteriary. We will divide the cycle into 3 phases: phase 1–pholicular phase: it contains 14 days, in this phase tertiary will continue growing to be graafian follicule(it holds oocyte one blocked in prophase one) phase 2–ovulation:it will continue meiosis one and give oocyte two and the meiosis two starts, but it blocked in metaphase two with oocyte two phase 3–after ovulation:the ovulation is release of oocyte two from the ovary and it occurs once per cycle. This process will repeats every cycle until the follicules finishied in level called menoposed 49–50 .years oldAt puberty overian cycle starts in every cell 28 days