

De-emphasis on past events as causes of behaviour. Although information on past events is useful, knowledge of current controlling variables is most relevant to developing effective behaviour modification interventions because those variables, unlike past events, can still be changed. Therefore, understanding these learning experiences can be valuable in analyzing current behaviour and choosing behaviour modification procedures. As stated earlier, behaviour modification places emphasis on recent environmental events as the causes of behaviour. However, knowledge of the past also provides useful information about environmental events related to the current behaviour. For example, previous learning experiences have been shown to influence current behaviour.