

Mekaddem Noura Paragraphe about Chronic Kidney Disease (CKD) Chronic Kidney Disease (CKD) is a gradual deterioration in kidney function over months or years. Early treatment and continuous monitoring are essential to slow the progression of the disease and improve quality of life. It refers to the inability of the kidneys to effectively filter toxins and fluids from the blood, leading to the accumulation of harmful substances in the body Causes of Chronic Kidney Failure : 1. Imaging: Ultrasound or CT scan of the kidneys to identify any abnormalities or blockages. Control high blood pressure: Using medications such as angiotensin-converting enzyme (ACE) inhibitors or angiotensin receptor blockers. Diet modification: Reducing protein intake: to reduce the workload on the kidneys. Prevention and coexistence Managing chronic diseases: such as diabetes and high blood pressure effectively. Reducing sodium (salt) intake to .reduce fluid retention. 2. 3. 4. 5. 6. 7. 2. 3. 4. 5. 6. 7. 8. 9. 10. 2. 3. 4. 1. 2. 3. 4. 5