

The increased rate of divorce in recent Kuwait can be attributed to a variety of factors that reflect both the changing social landscape and the evolving personal expectations within the country. Excessive interference from relatives in the marital affairs can lead to conflicts and strain the relationship. Addressing these challenges requires a multifaceted approach, including better premarital counseling, support systems for married couples, and educational programs to adjust expectations and improve communication skills.

Religious and Cultural Factors: Although divorce is culturally and religiously discouraged, the changing perceptions and increasing acceptance of divorce as an option for unhappy couples contribute to its rising rates.

Socio-Economic Pressures: The rapid modernization and economic development in Kuwait have brought about significant socio-economic pressures.

Changing Gender Roles: As more women pursue higher education and career opportunities, traditional gender roles within marriages are being redefined.

3. Marriage Expectations: There's often a high expectation placed on marriages to be perfect, influenced by social media and cultural ideals.

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