

Topic: The Importance of Time Management Time management is one of the most important skills a person can learn. Moreover, managing time properly reduces pressure and prevents procrastination. First of all, time management allows individuals to set clear goals and focus on what truly matters. For example, a student who creates a study schedule is more likely to finish their assignments on time and prepare well for exams. They may miss deadlines, forget important tasks, and feel overwhelmed. In my opinion, managing time wisely can lead to success in both personal and professional life. It helps people .become more organized, productive, and less stressed