

Emirati hag Al Lela, also known as the "Night of the Lela," is a significant cultural tradition in the United Arab Emirates, particularly celebrated during the month of Ramadan. This event marks the beginning of the holy month and is steeped in history and local customs. The celebration typically occurs on the 14th night of Ramadan, signifying a time of spiritual reflection, community bonding, and cultural expression. During hag Al Lela, families and communities come together to prepare for the fasting month. One of the most notable aspects of this celebration is the preparation of traditional sweets and dishes. Families often create a variety of delicacies, including "harees," a dish made from wheat and meat, and "qamar al-din," a dried apricot drink. Homes are adorned with colorful lights and traditional ornaments, creating a festive atmosphere. In addition to the culinary aspects, hag Al Lela is also characterized by vibrant decorations and communal activities.