

Fabrication and insertion (Sridhar, 2015): 1- The bands are fixed on the permanent 1st molars or deciduous 2nd molars. 2- Should not follow the contour of the palate, if the suction and kinesthetic-neuromuscular gratification are to be rendered meaningless. 3- Maintaining good oral hygiene is essential as the appliance collect the food easily and results in halitosis and gingival inflammation. 4- If there is a tendency toward relapse of the habit, it is essential to leave at least a partial appliance in place for a longer time, or if there is a combination of habits it is necessary to modify the appliance in length duration of the treatment. 5- Another wire is soldered on to the first wire to form a crib or mechanical obstruction for the digit and this should not interfere with the normal occlusion. 6- to fit passively in the palate and is soldered to the molar bands.