Brittney Griner and her harshest confession: she thought about committing suicide in jail.wnba star Brittney Griner has bravely shared her harrowing experience of contemplating suicide during her tumultuous detention in a Russian jail following her arrest on drug-related charges in 2022. "They made me write this letter. It was in Russian. I had to ask for forgiveness and thanks from their so-called great leader. I didn't want to do it, but at the same time I wanted to come home. Griner's eventual release came only after a high-stakes diplomatic exchange, with the WNBA star exchanged for Russian arms dealer Viktor Bout. Yet, even in her moment of liberation, Griner's relief was tinged with disappointment, as she boarded the plane for her return to the U.S. without fellow detainee Paul Whelan. I walked on and didn't see him, maybe he's next. Maybe they will bring him next," she noted. "I wanted to take my life more than once in the first weeks," Griner told Robin Roberts. I felt like leaving here so badly. ""They closed the door ".and I was like, are you serious? You're not going to let this man come home now