While America is a land of abundance, it's also a land with a waste problem.Aim for furniture and textiles crafted from natural or recyclable materials whenever possible.Cut down on resource-intensive items such as clothes, plastics, and processed foods.- And while a few take more thought and planning, such as building a selection of permanent-use products, others only take wanting to make a change: Buy items that don't have a lot of packaging, or opt for recyclable packaging when you can.Cut down on single-use items like plastic bottles, paper plates, and aluminum foil.Invest in reusable bags, water containers, and more.Recycle paper, plastics, glass, and metals whenever possible.Choose refillable .containers when you can

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