

This cross-sectional study was designed to assess the prevalence of food allergy among a convenient sample of current students at AQU and evaluate repetitive and risky behaviors in this group. $\alpha = 0.05$ was used to determine statistical significance. The survey focused on FA concerning the age of starting, trips to the emergency department, allergy tests, prescription of SIE, necessity of using SIE, related allergic conditions, and attitude and behavior of college students towards food avoidance. Statistical analysis The collected data were compiled using the Google form and analyzed using IBM SPSS for Windows version 27. Descriptive statistics, including percentages and frequency distributions of various characteristics, were applicable. The ethically approved questionnaire can be accessed through the following link: <https://2h.ae/cQSc>. Study participants Students enrolled at AQU in 2024 were surveyed for two weeks. A ? significance level of