

Ways To Communicate Positively With Children *Start communicating effectively while children are young. Furthermore, parents who provide their children with plenty of love, understanding and acceptance are helping to create a climate for open communication. Before parents and their children can communicate, both must feel comfortable enough to do so. While their children are very young, parents should begin setting the stage for open, effective communication. Sometimes it's easier for parents to feel acceptance for their children than it is to actually show it. Parents must and demonstrate to their children that they love and accept them. Parents can do this in both verbal and nonverbal ways. Verbally parents can let their children know they accept them through what they say. For example, when a child picks up his toys after he or she is finished with them, parents can let him or her know that they appreciate it by saying something like, "I appreciate it when you pick up your toys without being told." When talking with their children, parents should be careful of what they say and how they say it. Everything parents say to their children send a message about how they feel about them. For example, .if a parent says something like "Don't bother me now