

Everything that attracts you is true beauty" Beauty plays an important role in our lives, as this is reflected in our behavior. Beauty may be the beauty of appearance, and it may also be the beauty of the soul, which is the remaining beauty. External beauty is important because it enhances self-confidence and the first impression on others and helps to integrate into society. However, it must be achieved. Dealing with external beauty in a balanced manner, and it should not be the only criterion for beauty. Rather, one must look at inner beauty, which is the true essence, such as a person's personality and values. It is important because it is what keeps everyone around you, makes a person more attractive, and makes a person satisfied with himself. This means that your inside is beautiful. Your appearance will also shine, and the inner light will be radiated to the outside, and the individual can become beautiful inside and out by paying attention to appearance, maintaining personal hygiene, improving personal behavior, and behaving well with others. In my opinion, beauty is important, whether it is internal or .external, because both attract attention in our society