

you're listening to TEDTalks daily I'm your host believe you I really needed to hear today's talk from the activist and educator Britney pattern and I hope you get a lot out of it too it's all about confidence and how to grow our own explain in her Ted 2019 archive talk why confidence can be revolutionary and helping us redesign the world thought I was a little girl a book fat on the coffee table in our living room just step from our front door of the living room is a first impression I've had white carpet and a curio of my mothers most treasured collectables at room represented the sacrifices of generation van by wall by parity or by policy couldn't afford a curio of collectables let alone a middle-class house to put them in room had to stay perfect And wisdom just emanated from her dark skin activist and educator a woman after home I eventually model my own career but more than all the word she ever spoke that single portrait of Fatima Clark it's a fine conference for me before I ever even knew the word it may sound simple but confidence is something that we underestimate the importance of and nice to have instead of a massacre replace value our knowledge and resources above would be deemed to be the fat feel of confidence bye-bye most measures we have more knowledge and more resources now than in any other point in history and still injustice about and challenges persist if knowledge and resources were all that we need we wouldn't still be here I believe the confidence is one of the main things missing really obsessed with Catherine has been the most important journey of my life a journey that to be honest I'm still on happiness is the necessary spark before everything the followers confidence is the difference between being inspired and actually getting started between trying and doing until it's done having his top says keep going even when we failed the name of the book on that coffee table with I dream a world and today I dream a world where revolutionary conference helps bring about our most ambitious dreams into reality that's exactly the kind of world that I wanted to create in my classroom when I was a teacher like up Willy Wonka world of pure imagination but make a scholarly all of my students were black or brown all of them were growing up and alike I'm circumstance Some of them were disabled for all of them with a very last people this world invite to be confident that's why it was so important that my classroom be a place for my students could build the muscle of confidence and they could learn to face each day with a cough and if you need to redesign the world in the image of your own dreams after all what are academic skills without the confidence to use those skills to go out and change the world now is when I tell you about to have my students Jamal and Regina and I'll change their name but their stories remain the same Jamal was brilliant but unfocused warm and his chair during independent work and he would never stay still for more than three or four minutes for invite your Malcolm perplexed brand-new teacher because they're not quite sure how to support young people I can him From anywhere in the classroom from our classroom rug from behind my desk from inside his classroom locker which turned out to be a favourite place Jamal least favourite subject is writing and he never wanted to read what he had written out loud in class we were still making progress one day I decided to host a map 2008 presidential election in my classroom my third graders had to research and write a stance speech for their chosen candidate Barack Obama Hillary Clinton or John McCain the heavy favourites were obvious but one students chose John McCain it was Jamal Jamal finally decided to read something that he had written out loud in class and sure enough Jamar stand all of us with his brilliance just like Jamals dad John McCain was a veteran and just like Jamals dad protected him Jamal believe

that John McCain will protect the entire country because the entire class erupted into apply a standing ovation for our brave friend Jamal finally showed up as his most Catherine self for the first time that year and then there was Regina Regina with a bully is brilliant but active Sivan evidently finish her work early and then she get on about the business of distracting other students walking talking passing those notes to teachers hate the kids luck despite my high ideals for our classroom I would too often default to my baser instincts and I would choose compliance overconfidence Regina was a glitch in my intended system a good teacher can correct miss behaviour I still remain as to the champion but I one day in particular I just plain old Charles control snapped am I approach I watch the lights go out from her eyes and that light spark joy in our classroom I have just extinguished it entire class became irritable and we didn't recover for the rest of the day I think about that day off in M I have literally prayed but I did not do irreparable harm because as a woman who used to be a little girl just like Regina I know that I could've started the process of killing her confidence forever select a carpet is Paul's us down from the bottom of Nways us down from the top crashing as between a flurry of pants wants and impossible without having this we get stuck I will we get stuck we can't even get started eating mired in what can get in our way confidence invites us to perform with certainty we all operate a little differently this can be a helpful check if you have enough tablets it could be because you need to readjust your vote if you have too much confidence it could be because you're not rooted in something real not everyone lacks confidence we make it easier in this society for some people to gain confidence because they fit our preferred archetype of leadership we reward confidence in some people and we punish confidence in others and all the while far too many people are walking around every single day without it for some of us confidence is a revolutionary choice and it would be our greatest shame to see our best ideas go and realised and our brightest dreams go and reached all because we lacked the engine of confidence that's not a risk I'm willing to take so how do we crack the code on Catherine in education we've got a saying that you can't be with you can't see when I was a little girl I put a show conference until someone showed me my family used to do everything together including the mundane things like buying a new car and every time we did it and watch my parents but I'll be exact same performance read in traffic dealership am I dad with sis while my mum shops when my mum found a car that she liked they gonna be with a dealer and inevitably every time the dealer would turn his attention and his body to my dad assuming that he controlled the purse strings and therefore this negotiation Robin tablet they say how do we get you into this card today my dad went in every we respond the same way slowly and silently gesture towards and then put a stand right back and slapShe would never crack a smile she would never be afraid to walk away I know my mum just thought she was getting a good deal on a mini van but what she was actually doing with giving me permission to defy expectations are Joshua pan for Attley in my skill no matter who doubts me cabinet needs permission to exist a community is the safest place to try confidence on I travel to Kenya this year to learn about women's empowerment among with I women there I met a group of young women coaching Ryan S a monkey his first or female community range of crooks is eight brave young women were making history and just their teenage years and I asked purity the most verbosity Granger among them do you ever get scared I swear to you I want to Ted to her response all over my entire body she said of course purities companies to chase down lions and catch

poacher if it didn't come from her athletic ability or even just her face her confidence was propped up by sisterhood by community which she was basically saying was that if I am ever in doubt I need you to be there to restore my hope it's a rebuild my certainty confidence I can find and community rather I can find my confidence and your curiosity can affirming early in my career I lead a large-scale event they did not go exactly as planned I'm lying to you it was terrible and when I debrief the event with my manager I just knew that she was going to run down the list of every mistake I had ever made probably from birth but instead she opened with a question what was your intention I was surprised but relieved

Fragile confidence curiosity invites people to be in charge of their own learning that exchange and help me approach my next project with the expectation of success permission community curiosity all of these are the things that we will need to breed the covenants and will absolutely need to solve our greatest challenges and to build the world we dream a world where in equity is ended and where justice is real world we can be free on the outside and free on the inside because we know that none of us are free until all of us are free a world that is not intimidated by confidence when it shows up as a woman or in black skin or in anything other than our preferred architects of leadership a world that knows it's that kind of confidence is exactly the key we need to unlock I have enough confidence to believe that that world will indeed come to pass and that we are the ones to make it so thank you so much