

Procrastination students usually procrastinate on difficult tasks and at last, the task remains undone. Time table it's easy to make time table but it's hard to consistently follow it. Make sure your timetable should not be hectic otherwise you will stop following. To be healthy some students are so focused on studying, they stop caring about their health. Sleeping is the most challenging problem for me I used to sleep a lot and I have tried a lot of solutions but nothing worked. Lots of students miss their studies because of their health problems. Teachers some teachers don't teach well and it becomes hard to understand that subject and we became weak in that subject. And then that subject seems to be boring when we study. While some teachers teach us so well that even the subject is hard we take interest in it while studying. And we should take care of ourselves. Eat well. But one thing works when you think if have .to wake up early at any cost