

he mean age of participants was 20.71 \pm 3.89 years (range 18–46 years). In the current study, the coping strategy most frequently used by students was problem-solving, followed by social support and cognitive restructuring. There was also a significant relationship between the total amount of perceived stress and the following domains of the coping behavior inventory: problem solving ($r = -.452$, $p.01$), self-criticism ($r = .408$, $p.01$), wishful thinking ($r = .459$, $p.01$), social support ($r = -.220$, $p.01$), cognitive restructuring ($r = -.375$, $p.01$), and social withdrawal ($r = .388$, $p.01$). Senior nursing students perceived higher levels of stress than novice students.