Living Outside the Box I once unplugged the TV for a month. Friends offered me a spare TV, but I said no.better not to try to/spend time with my "friends" on TV. In the first month or so, I got away from my favorite shows by visiting real friends. I kept telling people it was an experiment: "We'll see how it goes this winter," I'd say. I considered buying a lopic small TV to keep in the closet and bring out on special occasions. I had thought that I was too tired to read after a long day at work, but not too tired to watch TV. Finally, I put up a photo on the only living room wall that could have a TV. But if I do make space for me .TV someday, I'm more confident now that I'll still find time and space for me