Living Outside the Box I once unplugged the TV for a month.Friends offered me a spare TV, but I said no.better not to try to/spend time with my "friends" on TV.In the first month or so, I got away from my favorite shows by visiting real friends.I kept telling people it was an experiment: "We'll see how it goes this winter," l'd say.I considered buying a lopic small TV to keep in the closet and bring out on special occasions.I had thought that I was too tired to read after a long day at work, but not too tired to watch TV.Finally, I put up a photo on the only living room wall that could have a TV.But if I do make space for a TV someday, I'm more confident now that l'll still find time and space for me.