

As a police officer, technology helps me work safely and more efficiently. In the UK, not all police officers are licensed to carry firearms—guns and so on – but all of us have batons. We all have handcuffs—still the simplest way to restrain someone. And we wear knife-proof vests, a kind of body armour made of Kevlar. Some police forces are experimenting with stun guns, tasers, for use against suspects armed with a dangerous weapon, like a knife. We also have CS gas canisters. If someone gets violent, CS will incapacitate them for a short time. We all carry radios so we can contact each other and police headquarters at any time. For example, we all carry a torch. It's lightweight and metal, so not easily broken.