

Since earthquakes cannot be predicted before they occur, every person should guard and contribute to the safety of the surroundings by: –Psychological preparation when an earthquake occurs by preparing them to beware of its dangers and follow important instructions during an earthquake –Design the house in an earthquake-resistant form and avoid building it on places prone to landslides –Make sure that the necessary items are available at home such as a fire extinguisher, a first-aid kit and a mobile lamp –Do not put heavy things in the shelves because they will fall during the shake –Learn first aid and how to cut off gas, water and electricity _ During the earthquake: –If you are at home, stay calm and quickly cut off sources of fire , hide under the table or in the corners of the house, stay away from windows and doors and do not try to escape directly –If you are outside, stand in an open area, away from power lines and buildings –If you are inside the car, stop it and stay inside until the earthquake stops , but away from any tree, bridge or building –Avoid using elevators as they may be prone to malfunction or falling _ After the earthquake: –If you notice that the house is in a bad state of construction, try to escape from it carefully –Make sure everyone in the house is safe and take care of calming the children –Be careful not to use any kind of fire in the house before checking the electricity and gas connections –Monitor any .aftershocks later