MITIGATING THE NEGATIVE EFFECTS OF DIVORCE AND FAMILY STRUCTURE DYNAMICS: COPING STRATEGIES AND RESILIENCE Coping with the negative effects of divorce and dynamics in family structure can be tough, but a direct relationship between the offspring and one of the parents after the divorce can assist in mediating the negative influence on the children [4].These findings highlight the interdependent associations between parents and children's postdivorce adjustment and emphasize the importance of addressing separation distress and co-parenting conflict for positive outcomes in children.Based on Bastaits et al. [4] findings in a study conducted making use of 618 parent-child pairs who took part in the divorce research, it can be inferred that the provision of parental care, even amid divorce, has been recognized as a crucial safeguard for children's welfare.Through a longitudinal study involving 319 mother-child dyads, it was found that higher levels of separation distress in mothers were associated with increased internalizing and externalizing behaviors in their children.Helping to provide a means of escape from the effect of divorce and to cope appropriately with the adjusting process leads to examining the possible intervention and preventive measures that could mitigate the alarming rate of divorce in society.The study revealed that residential mothers' postdivorce separation distress has both direct and indirect implications for children's postdivorce adjustment.De Anda et al. [5] carried out a .qualitative study on children's postdivorce adjustment

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