

Regular Medical Follow-up: –Schedule regular follow-up appointments with the patient's primary care physician or specialist to monitor their condition and adjust treatment as needed. Education and Self-Management: –Offer educational materials or resources that provide comprehensive information on the patient's condition, including self-care strategies and symptom management .Medication Management: –Ensure the patient has a sufficient supply of medications and provide instructions on how to refill prescriptions –Discuss the importance of medication adherence and the potential consequences of non-compliance.Ongoing Monitoring: –Educate the patient on the importance of regularly monitoring their blood pressure,and any other relevant health parameters.–Discuss the frequency of monitoring and the .need to report any significant changes or concerns to their healthcare provider.2.3.5