

Adherence to a healthy diet for prostate cancer patients is considered a strategic key to preventing and reducing the risk of prostate cancer. The lack of a job for the cancer patient constitutes an obstacle to commitment in order to improve the healthy diet and the impact of environmental barriers from a financial perspective on the prostate cancer patient in terms of the recommendation of healthy food in terms of the type and quantity of foods was expensive and Environmentally, the geographical area in which the population lives may be unsuitable for living, especially if the country is in constant conflict with wars (Mendonca,2019). Among the barriers and challenges facing the patient are the lack of commitment to healthy habits from a financial or psychological perspective. This represents a risk factor for food .insecurity