

It is a short story in English, and it tells that people used to go to the wise man, complaining to him of the same problems every time. One day, Alj kim told them a joke and everyone laughed about it. After two minutes, he told them the same joke again and a few smiled. The wise man smiled and said to them: "One cannot laugh at the same joke over and over again. So why does a person always cry about the same problem?" For the third time he said the same joke, no one laughed. The moral of the story: Feeling .anxious will not solve the problems, but rather it will waste your time, energy, and happiness