In modern life, social media is developing fast.Because of using a cell phone all day, they will not have time for outdoor activities such as playing sports or camping.While their professors are teaching, they are using cellphones to surf Facebook, Instagram or chat with friends on Messenger.Social media is 1 regarded as the world a lot of youngsters lives in, the world in which they only communicate through icons, comments and likes.First, addiction to social media makes the youth have bad grades in studies.Addiction to social media causes a bad habit in studies.It can Secondly, young people who are addicted to social media can live far away from reality.Gradually, they will only live in a virtual world.Because the young are addicted to social media, they will go to bed late to read news on Facebook or chat with friends.In order to avoid being addicted to social media, young people should spend more time playing sports, studying and taking part in activities in schools.However, there are .many young people who cannot control themselves and are addicted to social media

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