

The revival of this system – in a new, modern format – can be of immense benefit. You can call it differently. In essence, this system needs to be revived," the head of state said. It is envisaged that the presence of insignia of the TRP complex for applicants for training in educational programs of higher education is taken into account by educational organizations during admission. According to the Decree, from September 1, 2014, the norms of physical training "Ready for Labor and Defense" (TRP) are being introduced in Russia. The provision on the TRP is approved by the Government of the Russian Federation before June 15, 2014. Coordination of the activities of federal and regional authorities in the implementation and implementation of the TRP is entrusted to Minsport of Russia. Regional plans for the implementation of the TRP were approved before August 1, 2014. On June 11, 2014, Government Decree No. 540 "On Approval of the Regulations on the All-Russian Sports and Fitness Complex" Ready for Labor and Defense "(TRP)" was issued, which approved the Regulations on the All-Russian Sports and Sports Complex "Ready for Labor and Defense" (TRP). The document was prepared pursuant to subparagraph "a" of paragraph 2 of the Presidential Decree of March 24, 2014 No. 172 "On the All-Russian sports and sports complex" Ready for Labor and Defense "(TRP)" and in accordance with the instructions of the Government. The Regulation defines the principles, goals, objectives, structure, content and organization of work on the implementation and further implementation of the All-Russian sports and sports complex "Ready for Labor and Defense" (TRP) (hereinafter – the TRP complex). June 30, 2014, Government Decree No. 1165-p was issued – On the plan of measures for the phased introduction of the All-Russian physical training and sports complex "Ready for Labor and Defense". Experimental testing of the TRP Complex began on 01.09.2014 in 12 regions of the Russian Federation (the city of Moscow did not participate). The government has determined the design of the distinction for sporting achievements in the All-Russian sports complex "Ready for Labor and Defense" (TRP). The regulatory-testing part of the TRP complex provides state requirements for the level of physical fitness of the population, including: types of tests and standards (mandatory and optional); requirements for assessing the level of knowledge and skills in the field of physical culture and sports; recommendations for weekly motor regimen. "At the age of 14, two-thirds of children in Russia already have chronic diseases, half of the schoolchildren have abnormalities in the development of the musculoskeletal system, 30% have cardiovascular and respiratory system disorders, up to 40% of recruits are not able to meet the minimum standards of physical training" – said Putin at the meeting. "Today we will discuss what is needed in order for mass sports to develop, become even more accessible for people of different ages and health, in a word, how to attract the overwhelming majority of citizens to regular physical education. One of the initiatives in this area is the revival of the TRP, thanks to which more than one generation of active, healthy people has grown. The decree on the start of this project has already been signed," said Putin, opening the meeting of the Sports Council. At the same time, he noted that many children "sit on the bench during physical education classes." According to him, the quality of the organization of physical education must necessarily be taken into account when assessing the effectiveness of the work of educational institutions. As one of the solutions to the problem, the president proposed to recreate the GTO physical training complex ("Ready for Labor and Defense") in Russia in a modern format, and to take the standards into account when entering universities.