

The results of the present study indicate that both the methods were associated with a reduced number : of patients complaining of cough and fatigue and increased sputum production ($p=0.000$, $p=0.004$, and $p=0.002$, respectively). In addition, statistically significant reductions were determined by the Medical Research Council and Borg Dyspnea scores ($p=0.001$ and 0.002 , respectively).