

The results of the present study indicate that both the methods were associated with a reduced number : of patients complaining of cough and fatigue and increased sputum production ( $p=0.000$ ,  $p=0.004$ , and  $p=0.002$ , respectively). In addition, statistically significant reductions were determined by the Medical Research Council and Borg Dyspnea scores ( $p=0.001$  and  $0.002$ , respectively).