

Shaikh Mohammed Bin Hamad Al Khalifa successfully climbed Mount Everest in May 2021. His team included members of the Bahrain Royal Guard, and they are the first Bahraini national to climb Mount Everest. They were also the first international team to conquer the new altitude (8,848.86m.) of the world's tallest mountain.

Climbing Everest is an ambition for many experienced climbers because it's the highest peak in the world, but it requires a lot of experience and skill to get to the top safely. The climate of Everest is one of the most difficult things for climbers to manage. The weather on Everest can also change very suddenly, which makes it a dangerous environment for climbers.

The Bahraini team trained in the Himalayas in Nepal for a couple of months before embarking on their expedition to conquer Everest. They climbed

several smaller mountains as part of their preparation.

. On the day they reached the summit of Everest, the team held the Bahraini flag at the top to mark their achievement