

Cirrhosis* is a condition in which your liver is scarred and permanently damaged. Causes include* alcohol-associated liver disease, nonalcoholic fatty liver disease, chronic hepatitis C, and chronic hepatitis B. *Diagnosis* Doctors diagnose cirrhosis based on your medical history, a physical exam, and the results of tests. Eating, diet and nutrition If you have cirrhosis, talk with your doctor or a registered dietitian about planning healthy meals. *Symptoms and causes* Cirrhosis has many signs and symptoms, such as fatigue and severe itchy skin. *Treatment* Doctors do not have specific treatments .that can cure cirrhosis