

One day Tami Oldham Ashcraft , while she was sailing.Ashcraft was seriously injured, Determined to survive, Ashcraft constructed a sail from scraps of material and charted a route to Hawaii, which was 1,500 miles (2,400 km) away.Waves 15 meters high capsized her boat.Having lost 40 pounds (18 kg) during her ordeal, Ashcraft was thin and exhausted when she arrived.Ashcraft was caught in a violent .hurricane.Ashcraft lost consciousness.but