The treatment of hepatitis depends on the specific type and underlying cause of the infection. Hepatitis D: Hepatitis D is a unique form of hepatitis that only occurs in individuals who are already infected with hepatitis B. Currently, there is no specific antiviral treatment for hepatitis D. However, treating the underlying hepatitis B infection with antiviral medications may help improve the liver disease associated with hepatitis D.??5. Treatment usually focuses on relieving symptoms and providing supportive care, .such as rest, adequate nutrition, and fluids.2.3.4