

Symptoms Parkinson's disease symptoms can be different for everyone. Over time, Parkinson's disease may slow your movement, making simple tasks difficult and time-consuming. You may have a decreased ability to perform unconscious movements, including blinking, smiling or swinging your arms when you walk. Rhythmic shaking, called tremor, usually begins in a limb, often your hand or fingers. The shaking may decrease when you are performing tasks. Slowed movement, known as bradykinesia. You may speak softly or quickly, slur, or hesitate before talking. Early symptoms may be mild and go unnoticed. Parkinson's symptoms may include: Tremor. Rigid muscles. Muscle stiffness may occur in any part of your body. Impaired posture and balance. Your posture may become stooped. You may rub your thumb and forefinger back and forth. Loss of automatic movements