

A return–flow enema, also called a Harris flush, is occasionally used to expel flatus. Alternating flow of fluid into a of the rectum and sigmoid colon stimulates peristalsis. Cultural sensitivity pertaining to personal space, gender of the caregiver, and the potential meaning of the structures and fluids found in this private area of the body needs to be considered. This process and out is repeated five or six times .until the flatus is expelled and abdominal distention is relieved