Liability of Minors for Necessaries. The purpose of this limitation on the minor's right to disaffirm is to ensure that sellers will not be reluctant to provide minors the basic necessities of life when their parents will not provide them. Technically, minors can disaffirm contracts for necessaries, but they will still be held liable for the reasonable value of the necessary.a necessary is a basic necessity of life, generally including food, clothing, shelter, and basic medical services. Food, clothing, shelter, and basic medical services are clearly necessaries, but it is sometimes difficult to determine whether something is in fact a .necessary.