

Answers 1. Use the subjunctive and I'd like you / I want you + infinitive  
Answers – It is necessary that you have healthy lifestyle to be healthy and strong  
I want you to stop smoking – It is essential that you eat healthy food and balancing diet – I recommend that you take a nap – It is important that you have to do exercises every day  
2. It's essential that you brush well twice a day  
5. I want you to study the new proposals very carefully  
7. I recommend you cut your hair short  
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