

Since ancient times, man has sought to record the stages of his life orally and by writing down. After that, the phonetic alphabet developed to become written ideas, feelings and emotions. According to an article published by Maranatha Baptist University in January 2024, they discussed the pros and cons of digital books compared to printed books, they mentioned that books have become an important source of information, specially between students as they help them learn new things and develop their thinking and analytical skills. This study aims to evaluate the impact of digital and printed books on the daily study habits and level of academic engagement of students in the Foundation Program at the University of Technology and Applied Sciences (UTAS). According to McGraw Hill website in October 2026, the emergence of the internet and its spread among individuals and organizations was the cornerstone of the emergence of e-books. As for electronic books, they are easy to carry and allow readers to keep many books on one device, but unfortunately manufacturing these devices requires us to consume a lot of energy and materials. Chloe Fleiman pointed out in her article published on American radio that the emergence of audiobooks has become an alternative option for people who prefer audiobooks over written ones. The question that always remains, what are the advantages and disadvantages of printed ?an electronic book & which is better