

Until recently, literature within the area of body image and eating disturbances has focused heavily on diverse female samples, neglecting to examine males. With emerging evidence highlighting the growing prevalence of body image concerns and subclinical eating behaviors among males, and the potential impact of gymnasium environments, the aim of the current study was to examine body image disturbance (body dissatisfaction and body image avoidance) and eating pathology in a sample of male gym users and non-gym users. Overall, results indicated that significant differences existed between male gym users and non-gym users