revolutionized the way we connect, collaborate, and interact with the world around us. While technology brings numerous benefits, it also presents challenges and risks that require careful consideration and responsible use. One example of AI technology that has gained widespread attention is virtual assistants like Amazon's Alexa, Apple's Siri, and Google Assistant. The constant connectivity facilitated by smartphones and social media can contribute to feelings of addiction, anxiety, and loneliness, as people struggle to disconnect and find balance in their digital lives. Information would be limited to printed materials like books, newspapers, and magazines, and accessing knowledge would require visits to libraries or expert consultations. While life without modern technology may evoke a sense of nostalgia for simpler times, it would also pose challenges in terms of efficiency, convenience, and connectivity. In the .past, communication was limited to face–to–face interactions, letters, or telephone calls