Worldwide, over 1.5 billion people experience armed conflict. Children, without a doubt, are the most innocent and vulnerable victims ... but not just from the obvious physical dangers, but from the often unspoken effects that wars have on their families. The quality of care that children receive in their families can have a more significant effect on their well-being than from the actual experiences of war that they have been exposed to. So actually, children can be protected by warm, secure parenting during and .after conflict. But there is good news