

A qualitative investigation by Smith et al. (2023) explored older adults' perceptions of PTs in falls prevention. In conclusion, while physical therapists have a crucial role to play in falls prevention, their potential is not fully realized due to limited awareness and misconceptions among older adults. Addressing these gaps through targeted education and outreach could significantly enhance the effectiveness of fall prevention strategies in the older population. Furthermore, barriers to seeking PT services for falls prevention included the perception that PT services were not needed until after a fall, concerns about the cost of therapy, and the misconception that a doctor's referral was necessary. Overcoming the barriers related to cost, access, and the misconception that PTs are only for rehabilitation could help improve the utilization of PT services for fall prevention.

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