the purpose of enjoyment, during vacation or free time , and not in a professional manner, and is usually unpaid.Creative hobbies Creative hobby is a unique way to discover what is inside every person, and it includes drawing, coloring, photography , and making scrapbooks Collecting hobby Collecting items that people find interesting and putting them in a collection is fun and a goal-oriented activity, such as collecting antiques and postcards.Home hobbies Duty activities can be fun at the same time; To explore and create new ideas, such as cooking, Benefits of hobbies Identities have many benefits, including: [3] Strengthening body health Some hobbies keep a person active and feel that he is always young, such as hiking, outdoor walking, skiing, canoeing, swimming, weightlifting, archery, hunting, and fishing.Outdoor hobbies It is a group of activities that can be practiced outdoors, including hiking, traveling, picnicking, and cycling.Sports hobbies It is known that physical activities reduce stress and strengthen health.

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