

Here's a comparison of Saudi Arabia's health situation between 2010 and 2023 with the goals of the Saudi Health Vision 2030: Challenges: \* Non-communicable diseases (NCDs): NCDs like heart disease, cancer, diabetes, and chronic respiratory illness remain the leading cause of death, despite some progress in prevention and control [1].\* Improve healthcare efficiency: The vision emphasizes efficient use of resources and leveraging technology for better healthcare delivery [1]. Vision 2030 Goals: \* Reduce NCD prevalence: The vision aims to significantly decrease NCD-related deaths and improve population health [1].\* Demographic shifts: A rapidly growing population, with a significant portion being expatriates, puts pressure on healthcare resources [2].\* Lifestyle factors: Dietary habits and physical inactivity contribute to NCDs [1]