

Internet addiction is described broadly for Internet overuse or excessive use of computers that may lead to interference or changes in one's regular daily life. The Malaysian society is quite diverse in culture and may not share a cohesive view on the Internet as a whole and its perception might change widely across the segment of the society, reflecting diverse views, attitudes and behavior toward the Internet usage, however, our study has been limited to a very narrow segment of the society, the youth and most who go to college and or university, therefore are finding apply to only for this segment. Our findings in relation to Internet addiction among Malaysian youth show that they are at high risk of Internet addiction