

Exposure to chemicals in the restroom can have a negative effect on the environment and human health. Long-term exposure to these substances can aggravate respiratory ailments like asthma by irritating the respiratory tract. In addition, volatile organic compounds (VOCs), which are a major source of indoor air pollution, are frequently found in hairspray, deodorants, and air fresheners. For example, harsh chemicals like ammonia, bleach, and hydrochloric acid are included in a lot of the cleaning supplies used in restrooms.