How to succeed in personal interviews? One of the best ways to demonstrate your flexibility and ability is to provide concrete examples of how you have demonstrated these skills in your previous or current roles. Sometimes interviewers ask what your strengths are. This is a great opportunity to say that you are a problem solver, that you adapt well to change, that you can handle the unexpected, and that you do well under pressure. Finally, if you want to succeed in the interview, you must have some skills Don't fall .into the trap