

Singing and music play an important role in our culture. But academic achievement isn't the only benefit of music education and exposure. Music ignites all areas of child development and skills for school readiness, including intellectual, social-emotional, motor, language, and overall literacy. This helps them develop social skills, such as how to relate with people, how to work in a team, leadership, and discipline, and how to appreciate rewards and achievement. Here are 7 benefits of music for children that can positively benefit your kids as they grow up. It helps to improve their brainpower. It has been scientifically proven that music has advantages and health benefits for children. According to the National Association of Music Merchants Foundation (NAMM Foundation), learning to play an instrument can improve mathematical learning and even increase SAT scores. You'll find music present in many aspects of our lives: theater, television, movies, worship, holidays, celebrations, and government and military ceremonies. A study found that musical experiences in childhood can actually accelerate brain development, particularly in the areas of language acquisition and reading skills. From birth, parents instinctively use music to calm and soothe children, to express love and joy, and to engage and interact. One of these benefits is that it helps to improve their brainpower and memory functions. It helps them develop social skills. While growing up, many kids will face challenges of adapting socially. When he or she realizes that they can develop a skill on their own, it gives them that self-belief and confidence boost that they require. It teaches them patience. If you have ever observed a choral band playing, then the one thing you notice is how patient each member is. Band members must always wait for the signal from the person in charge before they play, or else there will be no harmony in the song they are playing. Exposing children to music during early development helps them learn the sounds and meanings of words. For children and adults, music helps strengthen memory skills.